



Menus for April 2024 North Hills Middle & High School

This institution is an equal opportunity provider.

Available Daily

Daily Breakfast Options- Breakfast is FREE daily for all students.

Breakfast Sandwiches Available Daily at the MS and HS.

Cold Options: Cereal—Muffin—Cinnamon Roll +

Yogurt OR String Cheese OR

Cottage Cheese + Goldfish Grahams

OR Featured Entrée on Menu

Breakfast also includes Fruit Choice or Juice and Milk

Daily Lunch Options:

-Crispy Chicken Sandwich, PBJ/String Cheese/Pretzels,
Entrée Salads,

Daily Grab n' Go Daily Features

Lunch includes choice of 3 Sides: Feature Veggie or Salad,
Daily Fruit, Cold Veggie and Juice Selection and Choice of
Milk. Extra Entrees, fries, sides, water, milk and snacks may
also be purchased.

Payments can be made and free/reduced applications can be
completed on the SchoolCafe App.

schoolcafé

**Questions? Please contact the food service
office at 412-318-1053**

Featured Specials of the Day

no worries



SPRING BREAK

Wednesday, April 3—Day 1

HS: Pizza Hut Pizza Slice (cheese or pepperoni), Carrot Coins

MS: Mini Corn Dogs w/wo cheese sauce, Curly Fries

Breakfast: Warm Apple Frudel

Thursday, April 4—Day 2

Crazy Dipper Day! (Chicken Tenders, Br. Mozzarella Sticks, Garlic
Breadstick & Marinara Dipping Sauce), California Veggie Blend

Breakfast: Mini Pancakes w/ syrup

Friday, April 5—Day 3 Pirates Home Opener!

Nachos Grande: (Tortilla Chips w/ cheese sauce, taco meat, salsa,
jalepenos & sour cream), Sweet, Buttery Corn, Warm Churro

Breakfast: Fresh Donut

**YOU'RE
GOOD**



**ALL STUDENTS EAT BREAKFAST @
NO COST ALL YEAR LONG**

NORTH HILLS SCHOOL DISTRICT NUTRITION SERVICES

Featured Specials of the Day

Monday, April 8—Day 4

EARLY DISMISSAL—NO LUNCH SERVED

Breakfast: Dutch Waffle w/ syrup

Tuesday, April 9—Day 5

General Tso Chicken w/ Rice, Asian Veggies, Fortune Cookie

Breakfast: Warm Assorted Bagel Selection w/ toppings

Wednesday, April 10—Day 6

HS: Buffalo Chicken Pizza, Mixed Veggies, Twist Ice Cream Cup

MS: Pizza Hut Pizza Slice (cheese or pepperoni), Mixed Veggies,
Twist Ice Cream Cup

Breakfast: Berry Yogurt Parfait w/ granola

Thursday, April 11—Day 1

Penne Pasta w/ Home Made Meat or Marinara Sauce,

Garlic Toast, Steamed Broccoli Florets

Breakfast: Breakfast Pizza Bagel w/ sausage

Friday, April 12—Day 2

Hot Italian Hoagie on Breadworks Roll w/ lettuce, tomato

& Italian dressing, BBQ Sidewinders

Breakfast: Fresh Donut

NUTRITION *TO GO*

Moderation and variety are the keys to healthy eating habits. A burger, taco, or piece of pizza may contain more than 30% calories from fat. But when paired with lowfat chocolate milk, a piece of fruit, and carrot sticks with lowfat dip, the entire meal can be quite healthy.

A QUICK BITE FOR TEENS

Featured Specials of the Day

Monday, April 15—Day 3

HS: BBQ Pulled Pork on Kaiser Bun, Curly Fries, Cole Slaw

MS: French Toast Sticks w/ syrup, sausage links,
Hash Brown, Warm Cinnamon Apple Slices

Breakfast: Warm Apple Frudel

Tuesday, April 16—Day 4

Double Cheeseburger w/ toppings, French Fries
(Impossible Burger available)

Breakfast: Warm Assorted Bagel Selection w/ toppings

Wednesday, April 17—Day 5

HS: Pizza Hut Pizza Slice (cheese or pepperoni), Cal Blend Veggies

HS: Big Daddy's Pizza w/wo pepperoni, Cal Blend Veggies

Breakfast: Mini Pancakes w/ syrup

Thursday, April 18—Day 6

Popcorn Chicken Bowl: Crispy Popcorn Chicken, Whipped Potatoes &
Gravy, Sweet, Buttery Corn, Fresh Roll, Shredded Cheddar

Breakfast: Breakfast Pizza Bagel w/ sausage

Friday, April 19—Day 1

Grilled Cheese Sandwich on Texas Toast w/ pickles,

Creamy Tomato Soup, Cheez It Crackers

Breakfast: Fresh Donut

Featured Specials of the Day

Monday, April 22—Day 2 Earth Day

Meatless Monday: Macaroni & Cheese w/ garlic breadstick,
Steamed Broccoli Florets

Breakfast: Dutch Waffle w/ syrup

Tuesday, April 23

Election Day
NO SCHOOL

Wednesday, April 24—Day 3

Soft Beef Taco w/ toppings,

Sweet, Buttery Corn, Warm Churro

Breakfast: Warm Assorted Bagel Selection w/ toppings

Thursday, April 25—Day 4

Boneless Chicken Wings w/ assorted sauces,

Cheesy Au Gratin Potatoes, Fresh Roll

Breakfast: Mini Pancakes w/ syrup

Friday, April 26—Day 5

Pizza Crunchers w/ marinara sauce,

Steamed Broccoli Florets, Spring Cookie

Breakfast: Fresh Donut

Monday, April 29—Day 6

Teriyaki Beef Dippers w/ Rice, Asian Veggies,

Mini Egg Roll

Breakfast: Warm Apple Frudel

Tuesday, April 30—Day 1

Crispy Chicken Bacon Club Sandwich w/ bacon, cheese,

Lettuce & tomato, BBQ Sidewinders

Breakfast: Warm Assorted Bagel Selection w/ toppings

AVAILABLE DAILY

Daily Grab n' Go Options at MS & HS:

A variety of entrée salads, hot sandwiches and
pizza will be available on our grab n' go lines daily.

Grab n' Go Feature Hot Feature:
(Middle School)

Monday: Cheeseburger on Bun

Tuesday: Spicy Chicken Sandwich

Wednesday: Cheeseburger on Bun

Thursday: Featured Pizza

**Friday: Warm Buffalo or Regular Chicken
Wrap**