



# Menus for **May 2024**

## North Hills School District Elementary Menus

This institution is an equal opportunity provider. Menus are subject to change.

*Make the healthy, economical choice!*

**Breakfast Lunch**

**FREE \$2.50**

Free lunches are available for those that need assistance. Go to [www.schoolcafe.com](http://www.schoolcafe.com) to apply or make cafeteria account payments!

**Monday, May 6**

**Day 5**  
*Cinco de Mayo celebration*  
Nachos w/ cheese sauce, taco meat, salsa & sour cream  
Sweet, Buttery Corn  
Warm Apple Churro  
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection  
**Choice of Milk**

Breakfast: Dutch Waffle w/ syrup

**Tuesday, May 7**

**Day 6**  
Boneless Chicken Wings w/ assorted dipping sauces & Garlic breadstick  
Curly Fries  
Cucumber & Tomato Salad w/ Feta  
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection  
**Choice of Milk**

Breakfast: Egg Sandwich on a Bagel

**Wednesday, May 8**

**Day 1**  
Meatballs w/ marinara sauce, mozz cheese & Cheesy Bosco Stick  
Steamed Broccoli Florets  
Cucumber & Tomato Salad w/ Feta  
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection  
**Choice of Milk**

Breakfast: Unicorn Yogurt Parfait

**Thursday, May 9**

**Day 2**  
Mrs. T's Mini Pierogies w/ fresh roll  
Green Beans  
Cucumber & Tomato Salad w/ Feta  
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection  
**Choice of Milk**

Breakfast: Egg Sandwich on Bagel or Croissant

**Friday, May 10**

**Day 3**  
Big Daddy's Pizza w/w/ pepperoni  
Carrot Coins  
Cucumber & Tomato Salad w/ Feta  
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection  
**Choice of Milk**

Breakfast: French Toast Sticks w/ syrup

**Wednesday, May 1**

**Day 2**  
Breakfast for Lunch!  
Mini Eggo Waffles w/ sausage links & maple syrup  
Hash Brown Patty  
Warm Apple Slices  
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection  
**Choice of Milk**

Breakfast: Warm Bagel Assortment w/ toppings

**Thursday, May 2**

**Day 3**  
Pasta w/ Alfredo Sauce, Grilled Chicken Strips, Parmesan Cheese & Garlic Bread  
Steamed Broccoli Florets  
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection  
**Choice of Milk**

Breakfast: Egg Sandwich on Bagel or Croissant

**Friday, May 3**

**Day 4**  
School Lunch Hero Day!  
Pizza Crunchers w/ marinara sauce  
California Veggie Blend  
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection  
**Choice of Milk**

Breakfast: Fresh Donut

## AVAILABLE DAILY

**Daily Breakfast Options:**  
Breakfast is FREE for All Students Daily in the 23-24 SY!

- 1.) Cereal—Muffin—Cinnamon Roll + Yogurt OR String Cheese
  - 2.) Cottage Cheese Cup + Goldfish Grahams
  - 3.) Featured Entrée on Menu
- Breakfast also includes Fruit Choice and Milk

### Daily Lunch Options:

- 1.) Featured Entrée on Menu
  - 2.) Large Garden Salad w/ Shredded Cheese, hard boiled egg, yogurt cup, Croutons and roll
  - 3.) PBJ/String Cheese/Cheez It Crackers
  - 4.) Crispy Chicken Sandwich/Fresh Roll
- \*Students with special dietary requests, please see our website to receive special accommodations:

[www.nhsd.net/menus](http://www.nhsd.net/menus) (Special Diets)  
An assortment of fruit, veggies, salads, juice and cold milk is also available daily and included with lunch.

Payments & Free/reduced apps can be completed at:



Questions? Please contact the food service office at  
412-318-1053



Monday, May 13

**Day 4**

**Mini Corn Dogs w/ cheese sauce/dipping sauces**  
Crinkle Cut Fries

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection

**Choice of Milk**

Breakfast: Warm Apple Frudel

Tuesday, May 14

**Day 5**

**National Buttermilk Biscuit Day**  
**Popcorn Chicken Bowl:**  
Crispy Popcorn Chicken w/ whipped potatoes, gravy, sweet corn, shredded cheese & warm biscuit  
Fresh Veggie Pasta Salad  
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection

**Choice of Milk**

Breakfast: Egg Sandwich on a Bagel

Wednesday, May 15

**Day 6**

**Grilled Cheese Sandwich on Texas Toast w/ pickles**  
Creamy Tomato Soup  
Cheez it Crackers  
Fresh Veggie Pasta Salad

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection

**Choice of Milk**

Breakfast: Warm Bagel Assortment w/ toppings

Thursday, May 16

**Day 1**

**French Bread Pizza w/wo pepperoni**  
California Veggie Blend  
Fresh Veggie Pasta Salad

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection

**Choice of Milk**

Breakfast: Egg Sandwich on Bagel or Croissant

Friday, May 17

**Day 2**

**Special Picnic Lunch!**  
**Cheeseburger or Hamburger w/ lettuce, tomato & pickles**  
(Impossible Burger avail)

Mini Corn on the Cob  
Fresh Veggie Pasta Salad  
Watermelon  
Rainbow Sherbet  
Daily fruit/veggie/juice selection

**CHOICE OF MILK**

Breakfast: Fresh Donut

Monday, May 20

**Day 3**

**Meatless Monday: Macaroni & Cheese w/ garlic breadstick**  
Steamed Broccoli Florets

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection

**Choice of Milk**

Breakfast: Cook's Choice

Tuesday, May 21

**Day 4**

**Soft Beef Taco w/ lettuce, salsa & sour cream**  
Sweet, Buttery Corn  
Warm Raspberry Churro

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection

**Choice of Milk**

Breakfast: Cook's Choice

Wednesday, May 22

**Day 5**

**Pizza Hut Pizza Slice (cheese or pepperoni)**  
Green Beans  
*Chocolate or Vanilla Pudding w/ whipped topping*

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection

**Choice of Milk**

Breakfast: Cook's Choice

Thursday, May 23

**Day 6**

**Crispy Chicken Club Sandwich w/ bacon, cheese, lettuce & tomato**  
Sweet Potato Fries

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection

**Choice of Milk**

Breakfast: Cook's Choice

Friday, May 24

**Day 1**

**Hot Dog on Bun w/wo cheese sauce**  
Sweet, Buttery Corn  
White Cheddar Popcorn

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection

**Choice of Milk**

Breakfast: Cook's Choice

Monday, May 27



Tuesday, May 28

**Day 2**

**Assorted Chicken Day (Nuggets, Tenders, Popcorn Chicken)**  
Assorted Potatoes  
Assorted Treats

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection

**Choice of Milk**

Breakfast: Cook's Choice

Wednesday, May 29

**Day 3**

**Pizza Assortment**  
Garden Salad / dressing

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection

**Choice of Milk**

Breakfast: Cook's Choice

Thursday, May 30

**DAY 4**

**LAST DAY OF SCHOOL!**

Hot Breakfast: COOK'S CHOICE  
Regular Breakfast will be available in all schools

**EARLY DISMISSAL  
NO LUNCH SERVED**

HAVE A WONDERFUL SUMMER!!

**PA Harvest of the Month Item—Strawberries!**

**Did you know?**

**\*Strawberries are the first fruit to ripen in the spring in PA.**

**\*Americans consume about 8 pounds of strawberries per person, per year!**

**\*There are 200 seeds in just one strawberry—they are the only fruit with seeds on the outside.**

**\*Strawberries are an outstanding source of Vitamin C which helps our bodies heal.**

**\*Enjoy LOTS of fresh strawberries with your school lunch this month!!**

**\*NHSD proudly supports our PA farmers and serves local whenever possible!**



**YOUR ASSIGNMENT**

Have a GREAT summer! We'll see you in a few months!

