



Menus for **May 2022**

**North Hills School District
Elementary Menus**

This institution is an equal opportunity provider. Menus are subject to change.

AVAILABLE DAILY

Meals are available to all students free of charge for the entire 21-22 SY.

Daily Breakfast Options:

Cereal—Muffin—Cinnamon Roll + Yogurt
OR String Cheese

OR Featured Entrée on Menu

Breakfast also includes Fruit Choice and Milk

Daily Lunch Options:

-Large Garden Salad w/ Shredded Cheese, yogurt cup & Pretzels

-Crispy Chicken Sandwich

-PBJ pack with pretzels and string cheese

MENU SUBJECT TO CHANGE -

ALTERNATE OPTIONS MAY NOT BE AVAILABLE DAILY DUE TO ONGOING SUPPLY ISSUES

*Students with special dietary requests, please see our website to order daily lunch:

www.nhsd.net/menus (Special Diets)

An assortment of fruit, veggies and cold milk is also available daily and included with lunch.



Monday, May 2

Day 1

Crispy Chicken Tenders w/ dipping sauces & Buttermilk biscuit
Potato Smile Fries

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Pancake/Sausage on a Stick w/ syrup

Tuesday, May 3

Day 2

Meatballs w/ marinara sauce & cheese filled breadstick
California Blend Veggies
Fresh Veggie Pasta Salad

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Breakfast Egg Sandwich

Wednesday, May 4

Day 3

Macaroni & Cheese w/ garlic breadstick
Steamed Broccoli Florets
Fresh Veggie Pasta Salad

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Warm Bagel w/ toppings

Thursday, May 5

Day 4

Cinco de Mayo Nachos Grande (Tostitos, mild cheese sauce, taco meat & salsa)
Sweet, Buttery Corn
Fresh Veggie Pasta Salad

Warm Churro
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Breakfast Egg Sandwich

Friday, May 6

Day 5

Big Daddy's Pizza w/wo pepperoni
Green Beans
Fresh Veggie Pasta Salad

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: French Toast Sticks w/ syrup

Monday, May 9

Day 6

Mini Corn Dogs w/ dipping sauces
Tater Tots

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Dutch Waffle w/ syrup

Tuesday, May 10

Day 1

Grilled Cheese Sandwich w/ pickles
Chicken Noodle Soup

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Breakfast Egg Sandwich

Wednesday, May 11

Day 2

Crispy Popcorn Chicken w/ buttermilk biscuit Whipped Potatoes / Gravy

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Berry Yogurt Parfait

Thursday, May 12

Day 3

Waffles w/ sausage links & maple syrup
Warm Cinnamon Apples & Sweet Potato Fries

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Breakfast Egg Sandwich

Friday, May 13

Day 4

Personal Pan Pizza w/wo pepperoni
Mixed Veggies

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Fresh Donut

Monday, May 16

Day 5

Crazy Dipper Day!
(Chicken Tenders, Br. Mozz Sticks, garlic breadstick & marinara sauce)

Green Beans
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Pancake/Sausage on a Stick w/ syrup

Tuesday, May 17

NO SCHOOL
ELECTION DAY

Wednesday, May 18

Day 6

Pizza Hut Pizza!
(Cheese or Pepperoni Slice)

Carrot Coins

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Warm Bagel w/ toppings

Thursday, May 19

Day 1

Soft Beef Taco
Sweet, Buttery Corn
Warm Churro

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Breakfast Egg Sandwich

Friday, May 20

Day 2

Hot Dog on Bun w/wo cheese sauce
Tater Tots

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: French Toast Sticks w/ syrup

Monday, May 23

Day 3

Macaroni & Cheese w/ garlic breadstick
Steamed Broccoli Florets

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Dutch Waffle w/ syrup

Tuesday, May 24

Day 4

Crispy Chicken Nuggets w/ dipping sauces & fresh roll

Whipped Potatoes / Gravy

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Breakfast Egg Sandwich

Wednesday, May 25

Day 5

French Toast Sticks w/ sausage links & maple syrup

Warm Cinnamon Apples & Tater Tots

Fresh Veggie Pasta Salad
Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Warm Bagel w/ toppings

Thursday, May 26

Day 6

Stuffed Crust Pizza w/wo pepperoni

Green Beans
Fresh Veggie Pasta Salad

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Breakfast Egg Sandwich

Friday, May 27

Day 1

Special Picnic Lunch!
Cheeseburger or Hamburger
Fresh Veggie Pasta Salad

Mini Corn on the Cob
Watermelon
Sherbet

Daily fruit/veggie/juice selection
CHOICE OF MILK

Breakfast: Fresh Donut

Monday, May 30



Tuesday, May 31

Day 2

Assorted Chicken Day (Nuggets, Tenders, Popcorn Chicken)

Assorted Potatoes

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Cook's Choice

Wednesday, June 1

Day 3

Pizza Assortment
Garden Salad / dressing

Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie & Juice Selection
Choice of Milk

Breakfast: Cook's Choice

Thursday, June 2

DAY 4

LAST DAY OF SCHOOL!

Hot Breakfast: COOK'S CHOICE
Regular Breakfast will be available in all schools

EARLY DISMISSAL NO LUNCH SERVED

HAVE A WONDERFUL SUMMER!!

PA Harvest of the Month Item—Strawberries!

Did you know?

***Strawberries are the first fruit to ripen in the spring in PA.**

***Americans consume about 8 pounds of strawberries per person, per year!**

***There are 200 seeds in just one strawberry—they are the only fruit with seeds on the outside.**

***Strawberries are an outstanding source of Vitamin C which helps our bodies heal.**

***NHSD proudly supports our PA farmers and serves local whenever possible!**



YOUR ASSIGNMENT

Have a GREAT summer! We'll see you in a few months!

