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	Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19	nsylu
	<u>Day 3</u>	Day 4	<u>Day 5</u>	<u>Day 6</u>	Day I	Ochilis a veni
	Crazy Dipper Day!	Mrs. T's Mini Pierogies	Cheeseburger or	Turkey & Cheese	French Bread Pizza	
	(Chicken Tenders, Br.	w/ fresh roll	Hamburger w/ lettuce, tomato & pickles	Hoagie w/ lettuce &	w/wo pepperoni	Har and the second s
	Mozz Sticks & garlic breadstick) w/	Steamed Broccoli Florets Fresh Veggie Pasta Salad	(Impossible burger avail)	tomato Mixed Veggies	Green Beans	2 Car A
	marinara dipping sauce		French Fries	Lay's Potato Chips	Fresh Veggie Pasta Salad	e of the
	Carrot Coins	Choose 3 Sides: Feature Veg or	Spring Cookie	Fresh Veggie Pasta Salad	Choose 3 Sides: Feature Veg or	PA Harvest of the Month –
•	Choose 3 Sides: Feature Veg or	Salad, Daily Fruit, Cold Veggie &	Fresh Veggie Pasta Salad Choose 3 Sides: Feature Veg or	Choose 3 Sides: Feature Veg or	Salad, Daily Fruit, Cold Veggie &	April is Leafy Greens Month
•	Salad, Daily Fruit, Cold Veggie & Juice Selection	Juice Selection	Salad, Daily Fruit, Cold Veggie &	Salad, Daily Fruit, Cold Veggie & Juice Selection	Juice Selection	Did you know?:
	Choice of Milk	Choice of Milk	Juice Selection /Milk	Choice of Milk	Choice of Milk	
<u>د</u>			Breakfast: "Orange Julius"			-Some examples of leafy green veg-
	Breakfast: Dutch Waffle w/	Breakfast: Egg Sandwich	Smoothie w/ WG Cinnamon Graham Bites	Breakfast: Egg Sandwich on	Breakfast: Fresh Donut	gies include spinach, Swiss chard, kale and lots of different types of
3	syrup	on Bagel	WO CIIIIanion Granam Dites	Bagel or Croissant		lettuces.
						-They are super rich in nutrients in-
) (	Monday, April 22	Tuesday, April 23	Wednesday, April 24	Thursday, April 25	Friday, April 26	cluding vitamin A&C, folate, iron
	Day 2 Earth Day		Day 3	Day 4	Day 5	and potassium
9	Meatless Monday:	NO SCHOOL	Pizza Hut Pizza Slice	Popcorn Chicken Bowl:	Mini Corn Dogs w/ cheese	-Lots of different leafy greens are
0	Macaroni & Cheese w/		(Cheese or Pepperoni)	Crispy Popcorn Chicken w/ whipped potatoes, gravy,	sauce/dipping sauces or Baked Potato w/ cheese	harvested in PA in April/May and
e.	garlic breadstick Steamed Broccoli Florets	ELECTION DAY	Carrot Coins Homemade Apple Crist	sweet corn, shredded cheese	sauce & string cheese	can be found in local
â	Strawberry Spinach Salad w/	ELECTION DAT	Homemade Apple Crisp Strawberry Spinach Salad w/	& warm biscuit	Curly Fries	farmer's markets.
	feta & raspberry dressing		feta & raspberry dressing	Strawberry Spinach Salad w/ feta & raspberry dressing	Strawberry Spinach Salad w/	-Check out our Strawberry Spinach
¢.	Choose 3 Sides: Feature Veg or		Choose 3 Sides: Feature Veg or	Choose 3 Sides: Feature Veg or	feta & raspberry dressing Choose 3 Sides: Feature Veg or	Salad in April!!
2	Salad, Daily Fruit, Cold Veggie &		Salad, Daily Fruit, Cold Veggie &	Salad, Daily Fruit, Cold Veggie &	Salad, Daily Fruit, Cold Veggie &	
	Juice Selection Choice of Milk		Juice Selection Choice of Milk	Juice Selection	Juice Selection	*NHSD proudly serves local
			choice of thirk	Choice of Milk	Choice of Milk	products
0	Breakfast: Pancake/Sausage on		Breakfast: Warm Bagel	Breakfast: Egg Sandwich on	Breakfast: French Toast Sticks	whenever possible!
•	a Stick		Assortment w/ toppings	Bagel or Croissant	w/ syrup	
0						
•	Monday, April 29	Tuesday, April 30			, .	
	Day 6	Day I		• • • • • • • • • • • • • • • • • • •		
9	Teriyaki Beef Dippers w/ Rice	Crispy Chicken Club Sandwich w/ bacon,				
	Steamed Broccoli Florets	cheese, lettuce &	- 1 - M			
	Mini Egg Roll	tomato				Breakfast Lunch
		Tater Tots				
	Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie &	Choose 2 Sides Easting Version			•	
	Juice Selection	Choose 3 Sides: Feature Veg or Salad, Daily Fruit, Cold Veggie &	1 - 1 - <b>1</b> - 1			
	Choice of Milk	Juice Selection				
		Choice of Milk				
	Breakfast: Warm Apple Frudel	Produkante Frankrigh				Free lunches are available for those that need
	1	Breakfast: Egg Sandwich on Bagel				assistance. Go to www.schoolcafe.com to apply or make cafeteria account payments!
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