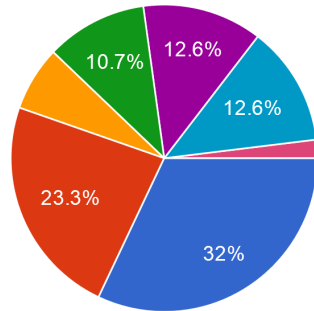


I am a staff member at:

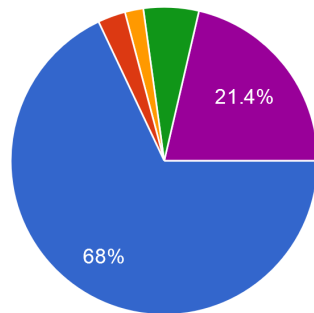
103 responses



- North Hills High School
- North Hills Middle School
- Highcliff Elementary
- McIntyre Elementary
- Ross Elementary
- West View Elementary
- District-wide staff

I am a(n):

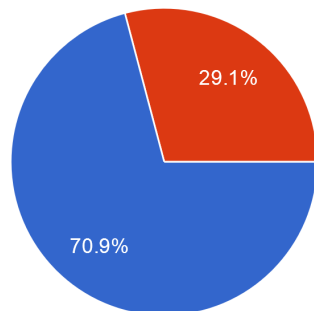
103 responses



- Teacher
- Administrator
- Nurse
- Counselor, Social Worker or Psychologist
- Other Staff Member

1. I was aware that North Hills had a District Wellness policy prior to this survey.

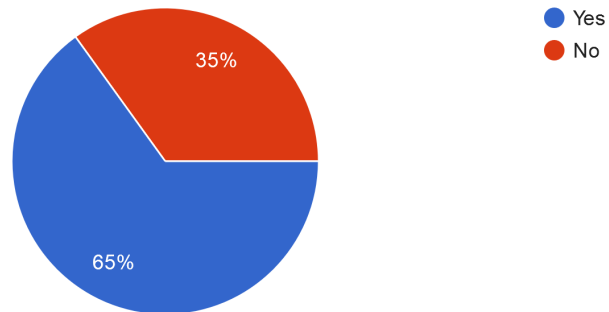
103 responses



- Yes
- No

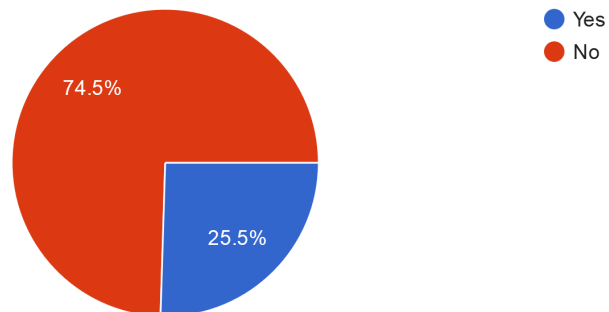
2. I was aware that North Hills had a District Wellness committee prior to this survey.

103 responses



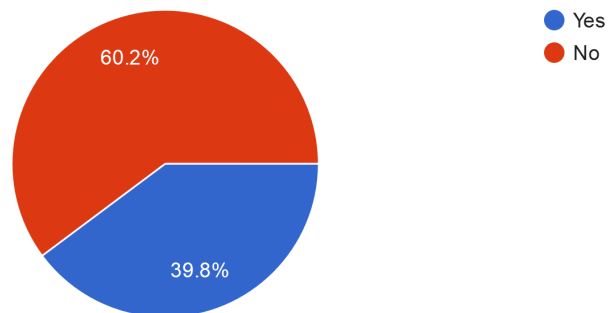
3. I was aware that North Hills had a District Wellness Webpage prior to this survey.

102 responses



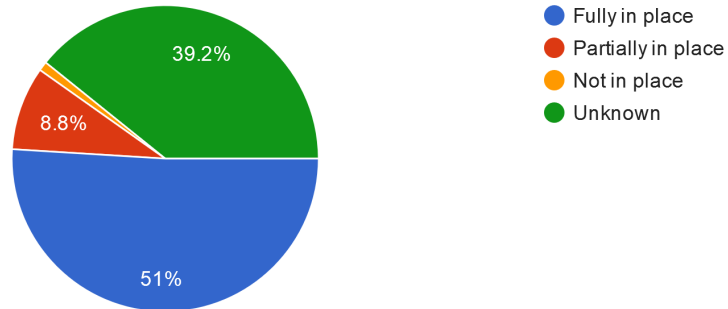
4. I am aware of who to contact regarding the wellness policy.

103 responses



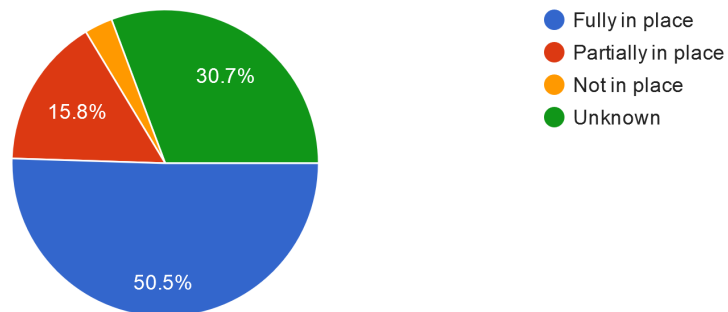
1. My school provides nutrition education within the health education program in accordance with State Board of Education curriculum regulations and Family and Consumer Sciences.

102 responses



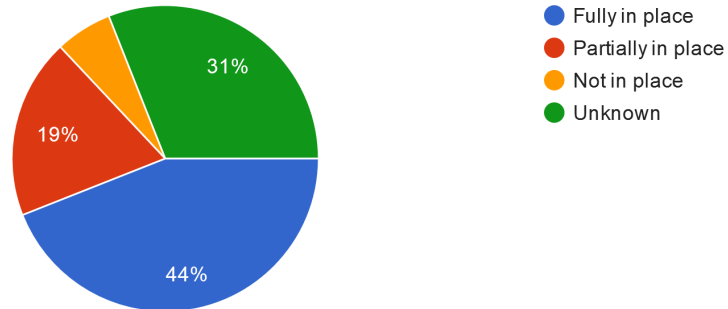
2. The nutrition education provided at my school teaches, models, encourages, and supports healthy eating by students.

101 responses



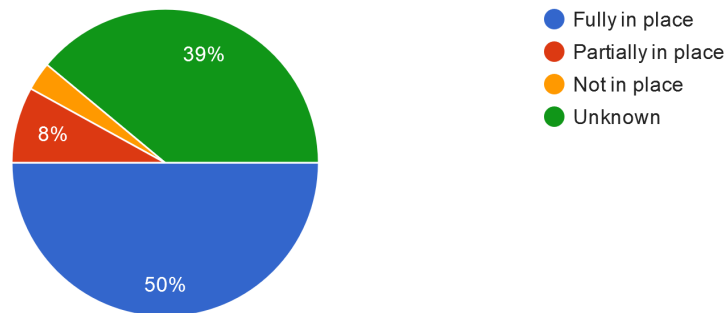
3. My school reinforces a lifelong lifestyle balance by linking nutrition education and physical activity.

100 responses



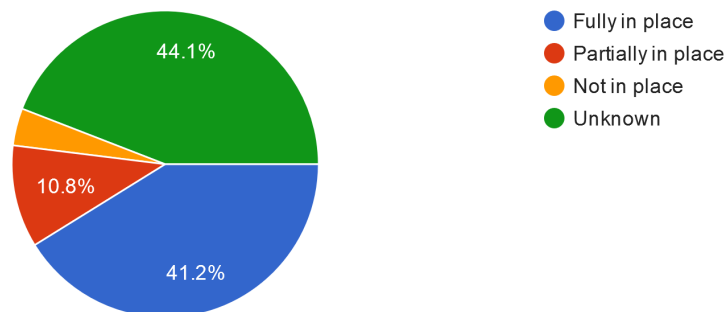
4. Nutrition education lessons and activities at my school are age-appropriate.

100 responses



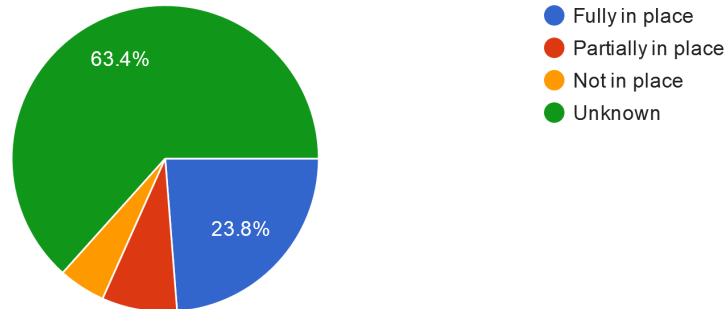
5. Nutrition curriculum at my school teaches behavior-focused skills, which may include menu planning, reading nutrition labels and media awareness.

102 responses



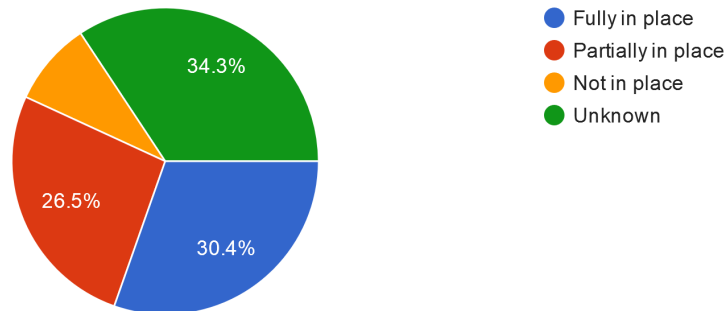
6. Teachers who provide nutrition education at my school receive standards-based training and professional development. The district has standards for such training and professional development.

101 responses



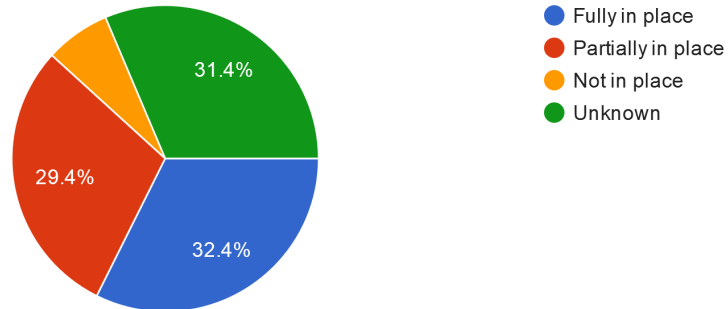
1. My school positively influences lifelong eating behaviors by using evidence-based techniques and nutrition messages and by creating food envir...ncourages participation in school meal programs.

102 responses



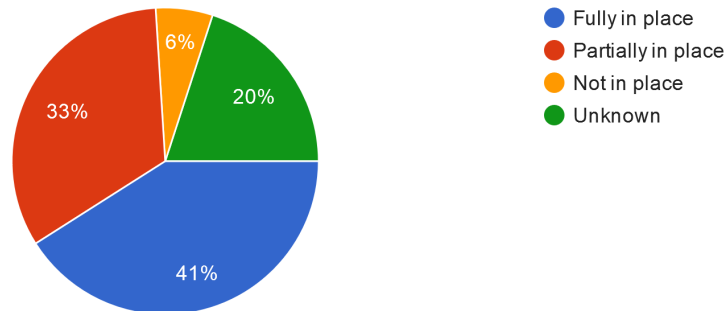
2. My school implements behavioral economics techniques in the cafeteria to encourage consumption of more whole grains, fruits, vegetables and legumes and to decrease plate waste.

102 responses



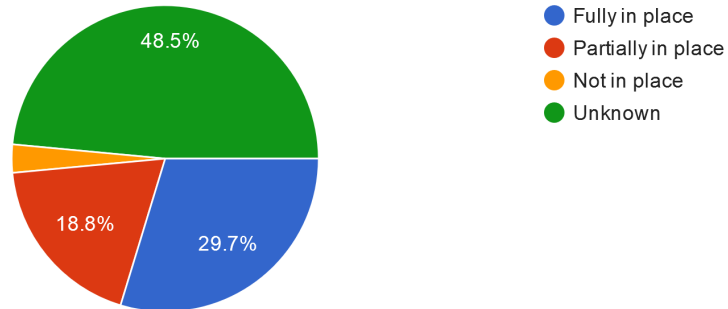
3. Teachers and staff at my school avoid using unhealthy food items in classroom lesson plans and eating less healthy food items in front of students.

100 responses



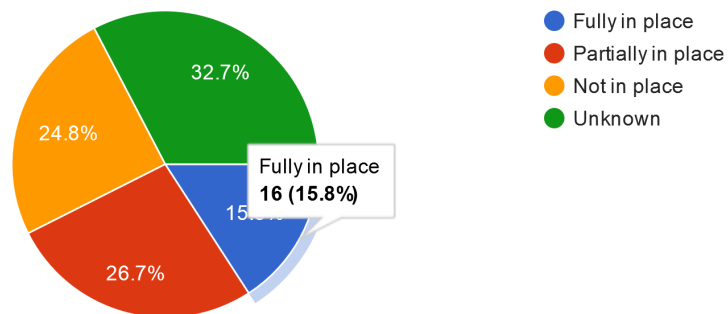
4. My school offers resources about health and nutrition to encourage parents/guardians to provide healthy meals for their children.

101 responses



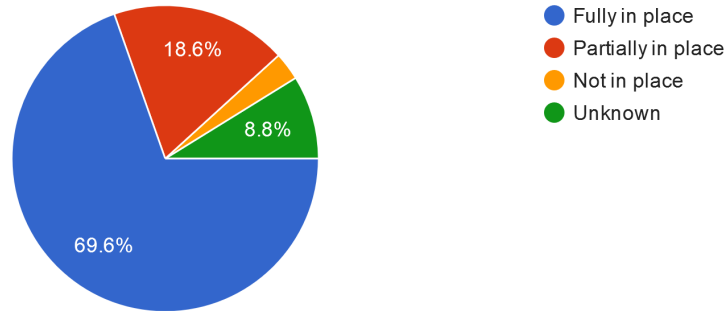
5. My school participates in Farm to School activities, such as having a school garden, taste-testing local products in the cafeteria and c...corporating local foods into school meal programs.

101 responses



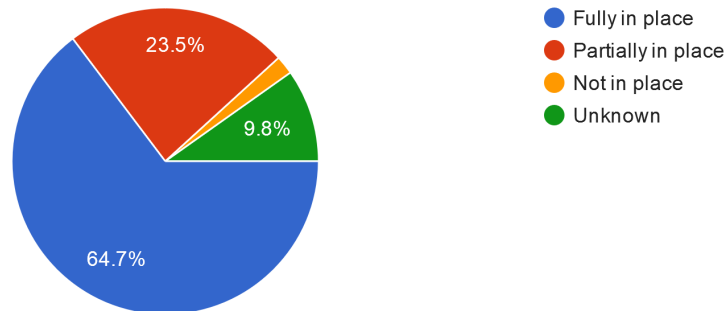
1. My school provides opportunities for developmentally-appropriate physical activity for all students.

102 responses



2. My school maintains a physical and social environment that encourages safe and enjoyable activity for all students.

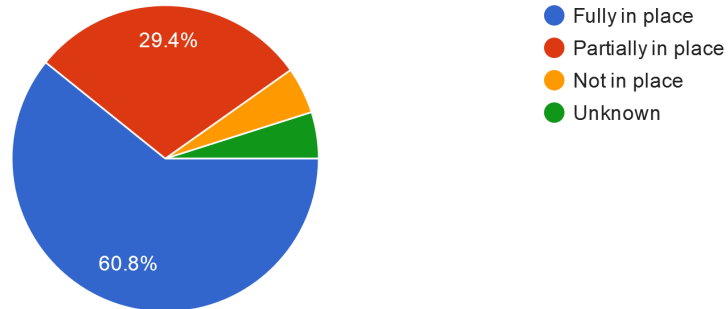
102 responses





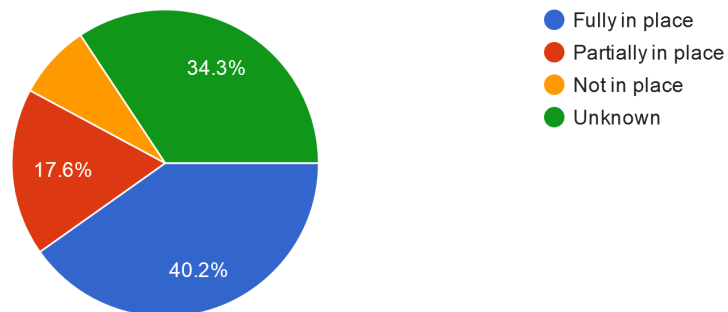
3. My school has age-appropriate physical activity opportunities, such as outdoor and indoor recess, before and after school programs, or clubs, ...s, in addition to planned physical education class.

102 responses



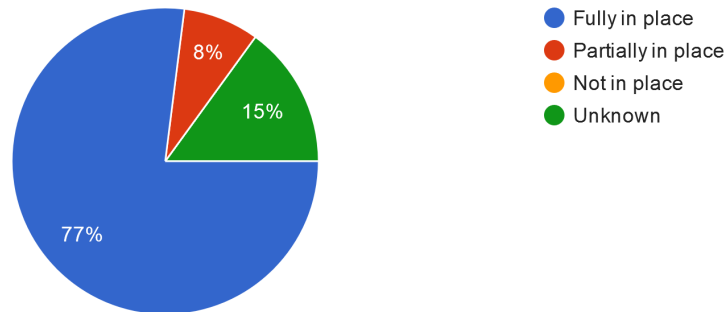
4. My school encourages families to utilize the district-owned physical activity facilities in our district, such as playgrounds and fields, outside school hours in accordance with district rules.

102 responses



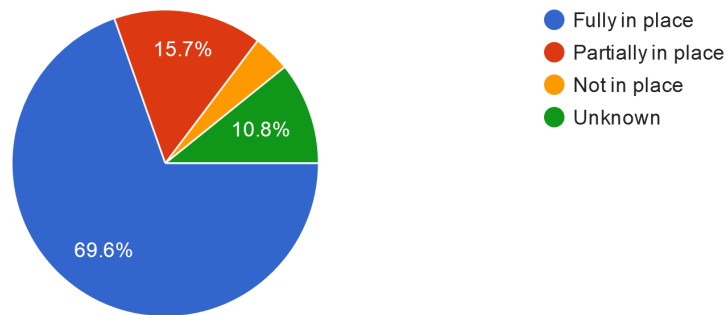
1. My school's Physical Education curriculum promotes both team and individual activities.

100 responses



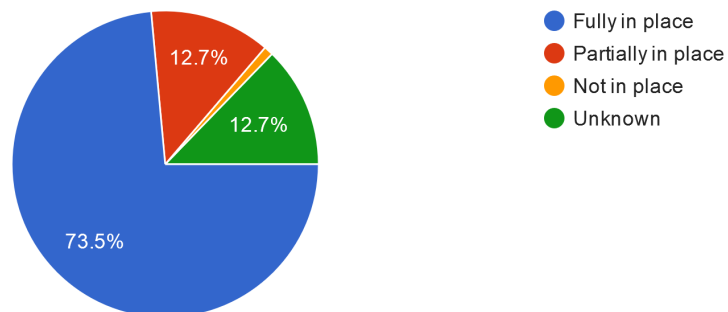
2. My school provides adequate amounts of planned Physical Education instruction in order for students to meet standards at the proficient level.

102 responses



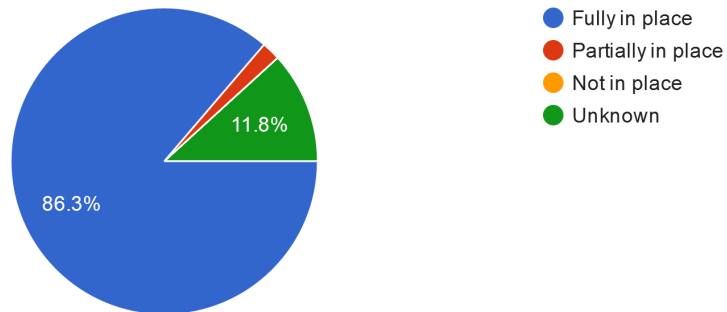
3. My school provides safe and adequate equipment, facilities, and resources for Physical Education class.

102 responses



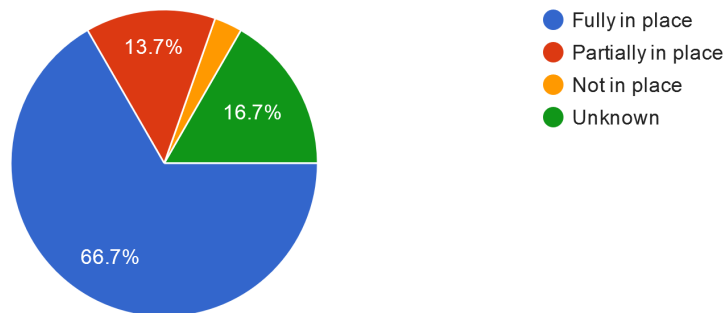
4. Only certified Health and Physical Education teachers teach those classes at my school.

102 responses



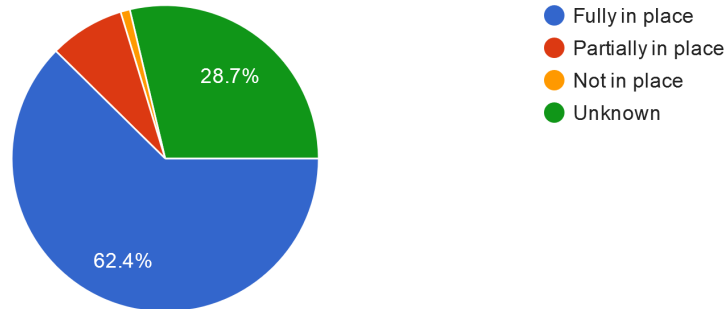
5. My school's Physical Education classes provide opportunities for students to learn, to practice and to be assessed on developmentally-appropriate ...trict students participate in Physical Education.

102 responses



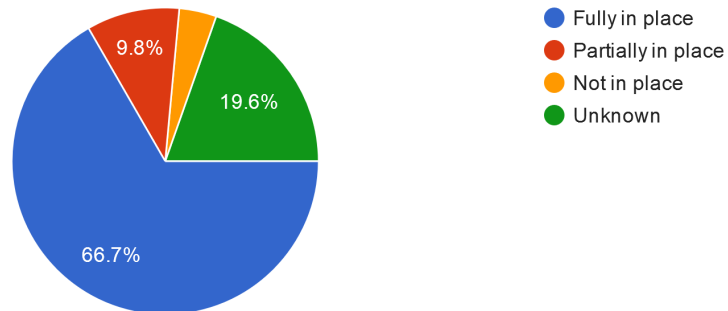
6. My school implements a sequential Physical Education program consistent with State Board of Education curriculum regulations and Health, Safety and Physical Education academic standards.

101 responses



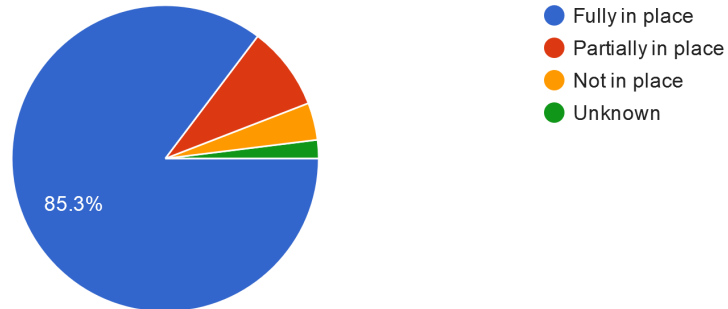
7. At my school, students are moderately to vigorously active as much time as possible during Physical Education class. Documented medical con... and disabilities are accommodated during class.

102 responses



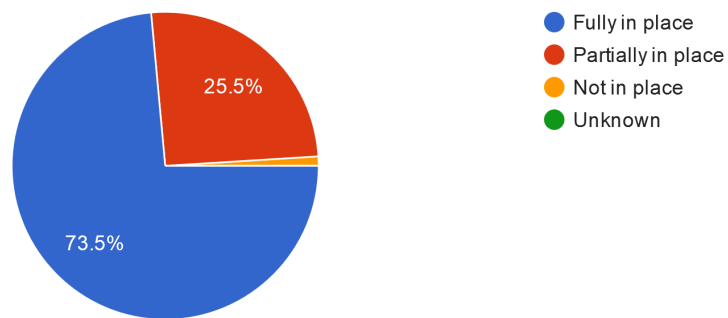
1. At my school, free drinking water is available and accessible to students without restriction at all meal periods and throughout the school day.

102 responses



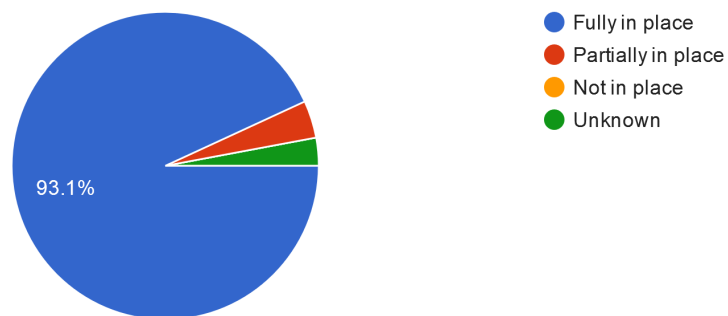
2. At my school, meal periods are scheduled at appropriate hours.

102 responses



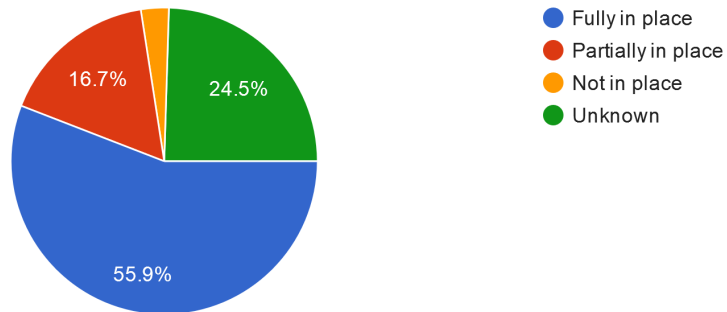
3. At my school, students have access to hand washing or sanitizing before meals and snacks.

102 responses



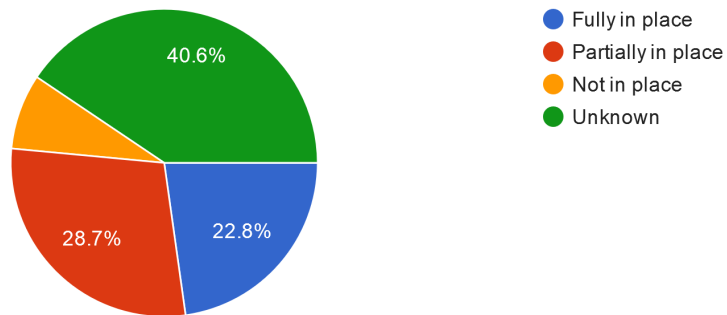
4. My school provides the nutrition content of school meals to students and parents/guardians.

102 responses



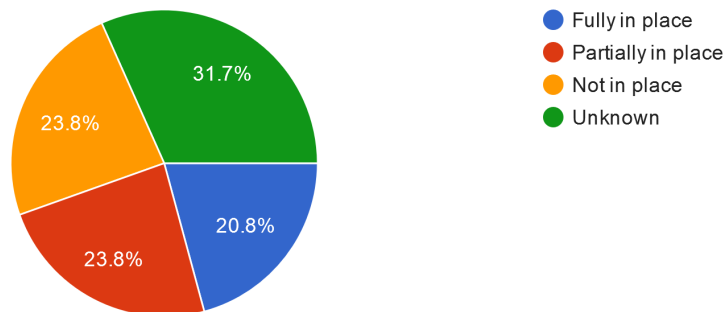
5. Fundraising projects at my school are supportive of healthy eating and student wellness.

101 responses

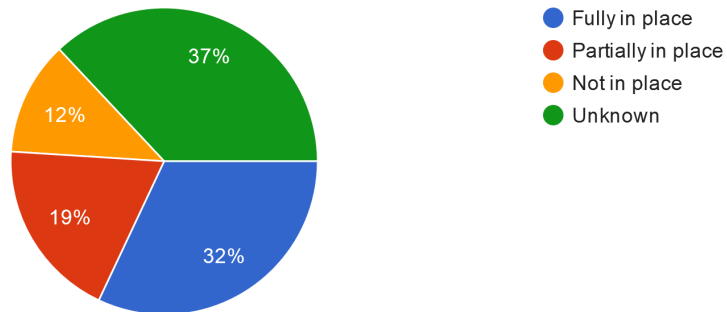


6. Appropriate training on the components of the School Wellness policy is provided to all staff at my school.

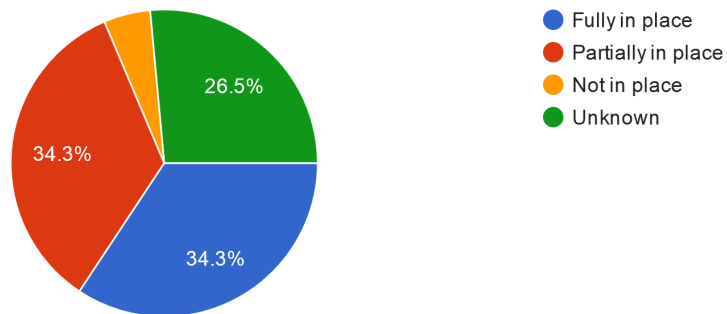
101 responses



7. My school considers the goals of the wellness policy when planning all school-based activities.  
100 responses

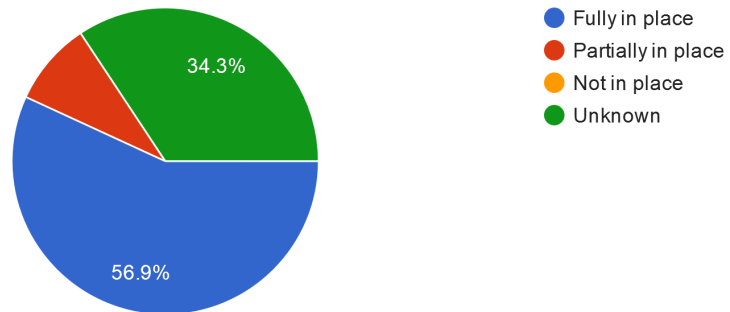


8. My school encourages administrators, teachers, food service personnel, students, parents/guardians and community members to ser...programs, communications and outreach efforts.  
102 responses



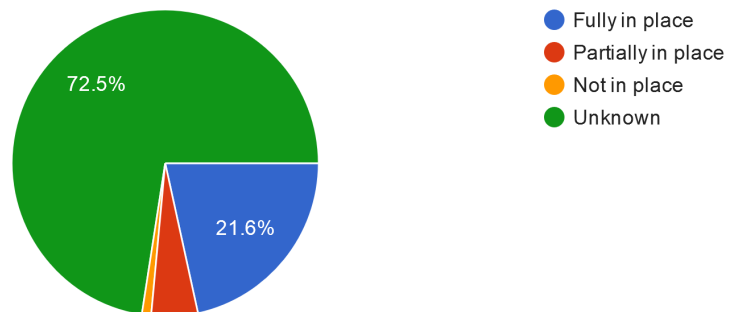
9. At my school, access to the food service operation is limited to authorized staff.

102 responses



10. Professional development and continuing education is provided for food service staff at my school.

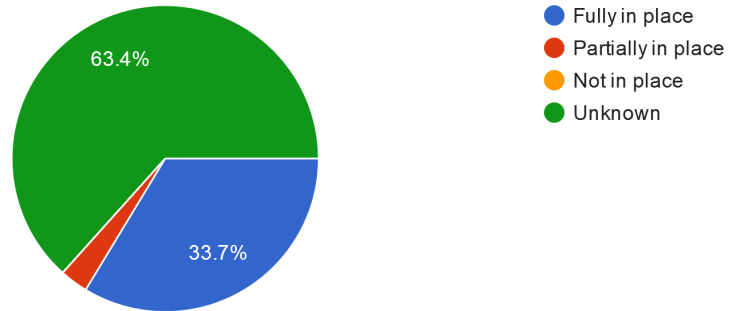
102 responses





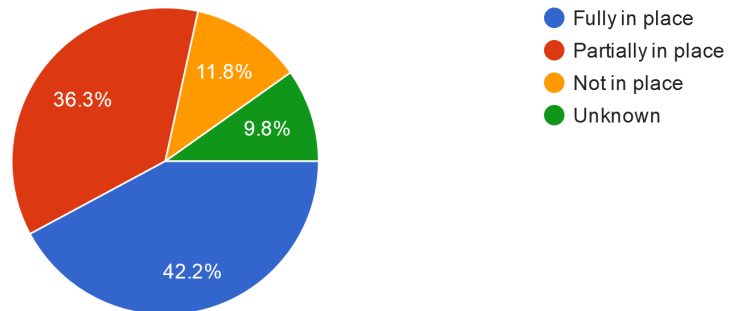
11. Food service staff at my school meet local hiring criteria and are in compliance with federal regulations.

101 responses



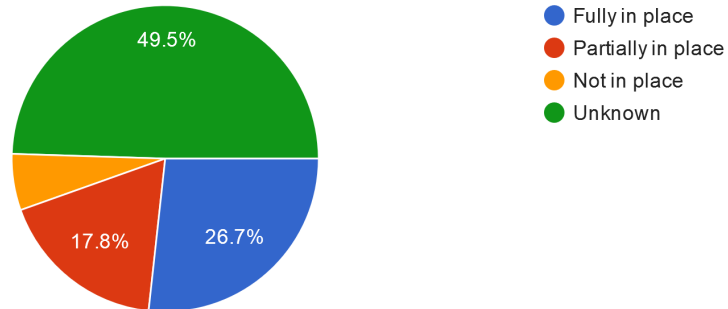
1. The food and beverages offered to students at my school promote student health and reduce obesity.

102 responses



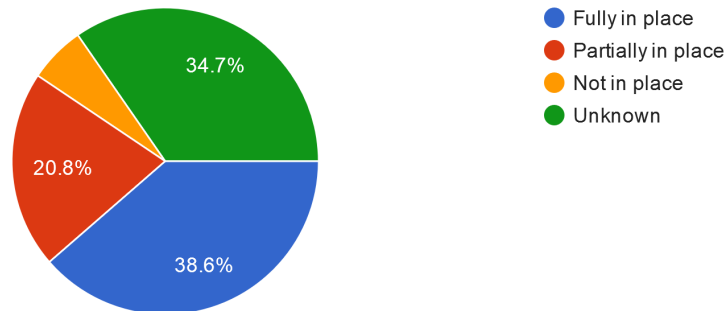
2. The food and beverages offered at school-sponsored or district-sponsored events, such as dances, family nights, or sporting events, include health options.

101 responses



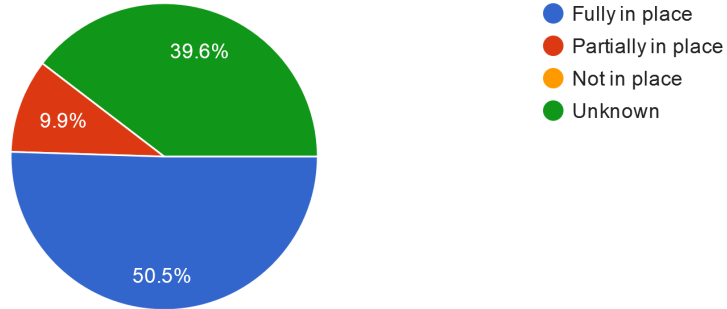
3. My school encourages us to work with the food service department to obtain foods/beverages for parties and celebrations in order to help prevent food safety and allergy concerns.

101 responses



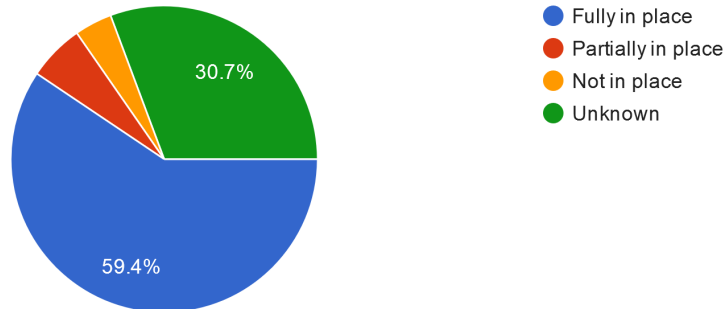
4. My school informs parents/guardians through newsletters or other efficient communication methods that foods/beverages should only be brought in when requested for scheduled parties.

101 responses



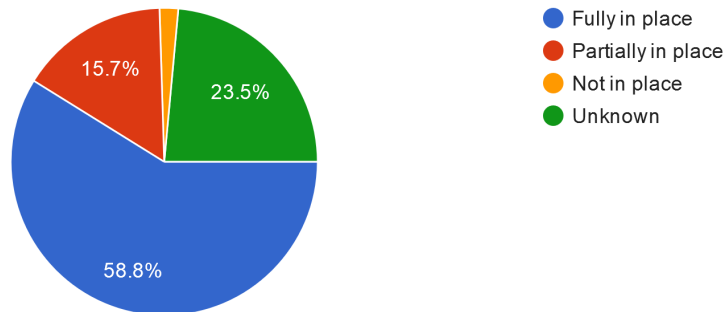
5. My school does not have shared classroom snacks, unless authorized by a building administrator.

101 responses



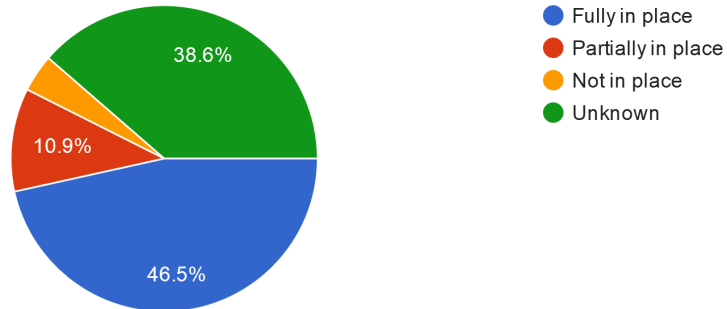
6. My school encourages non-food rewards for students.

102 responses



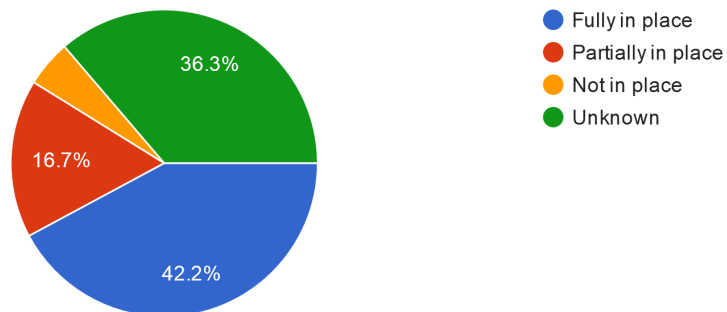
7. My school provides a list of suggested nonfood ideas and healthy food and beverage alternatives to parents/guardians and staff via th...ices and/or other efficient communication methods.

101 responses



8. My school only markets or promotes food and beverages to students on the school campus during the school day that meet or exceed the est...utrition standards (USDA Smart Snacks in School).

102 responses



9. My school limits the number of food fundraisers and has procedures in place for requesting a fundraiser exemption.

102 responses

