

I am a staff member at:	I am a(n):	Comments
Highcliff Elementary	Teacher	<p>I would love to see more fresh fruits and vegetables.</p> <p>One thing to consider when making policies is the age of students. I know that we need to (and do) encourage students to drink water/have a water bottle but it is also difficult when they spill it and have to go to the bathroom/have accidents during the day.</p> <p>It would be nice to have designated areas to run/play during indoor recess but this is not possible at every school.</p>
McIntyre Elementary	Teacher	<p>The only negative component of our school's wellness program is the ability for students to buy snacks during lunch time. A full meal is provided by the school or home, and students throw away portions of their meal to buy junk food. It is terrible that students cannot enjoy an occasional birthday or holiday treat, but they can buy junk food in the cafeteria every day. In my opinion this does not teach healthy eating habits, and it prioritizes the profit from snack sales over the well-being of students.</p>
West View Elementary	Teacher	<p>I do not know about certifications and requirements for food services nor am I 100% versed in HPE curriculum to answer questions specific to those areas. The district does provide information, but it is often difficult to find (on the website) and worded in a way that leaves room for interpretation (sending in food for parties and celebrations, etc).The food options at lunch and breakfast are very carb heavy, often lacking in offering good proteins and good fats. If there is a nutritional curriculum, I am unaware of it or who is teaching it (I would think HPE, since health was eliminated from classroom teachers' caseload many years ago).</p>
West View Elementary	Teacher	<p>The school breakfast consists of muffins, flavored milk, sugary cereal and a giant donut every Friday. Then they're supposed to learn for the next 5 hours, until a 1:00 lunch period? I'm sure fruits and vegetables are "offered" but let's face it--kids are not going to skip a chocolate covered donut for a banana. Make the banana and less sugary cereal the main choice. Eliminate the junk, quit expecting young children to choose!</p>
West View Elementary	Teacher	<p>Having worked lunch duty for many years the lunch selections are very unhealthy. Each day is a carb fest. There is an incredible amount of food and material waste at lunch from packers and buyers. I have seen many kids come right out of the lunch line and throw food away before they even sit down.</p>

North Hills Middle School	Teacher	I was hired in the middle of the year, so I am unsure of the procedures that were discussed at the start of the year.
North Hills Middle School	Teacher	We have long been in need of some kind of salad bar for students. Students love salad but like a LOT of control over what goes on it or in it. Even with covid, they can have a gloved staff member touch the serving spoon for the crocks, behind a plexiglass. Dressings with inflammatory oils (soybean) are very bad for concentration and hormones. The amount of gluten consumed for lunch is mind numbing. With all the studies about gluten and concentration and auto-immunity, we need to start offering gluten free options, like a GF pizza.
North Hills High School	Other Staff Member	More gluten free options for main entree please
North Hills High School	Other Staff Member	Some of the answers may be skewed due to COVID-19 procedures. Overall, the district does a fine job!
North Hills High School	Administrator	I believe we should have more emphasis on physical education and getting students moving throughout the day. One semester only one year is hardly enough.
North Hills High School	Teacher	This survey has way too many detailed questions about very focused areas
North Hills High School	Teacher	Answered unknown to most questions since I am unaware of most of these items. Do not really feel the need for non health/phys ed and food service staff to know what my curriculum is, so why would I know about theirs. Assume they are within state and federal guidelines as they would expect me to meet my standards and have prof development that is appropriate.