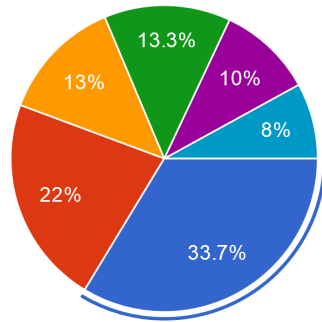


I am a part of: (please select only one school. If you are a parent/ guardian who is part of multiple schools, you are welcome to either fill out the survey...fill out the survey just once for your oldest child.)

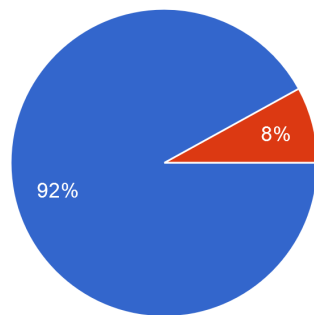
300 responses



- North Hills High School
- North Hills Middle School
- Highcliff Elementary
- McIntyre Elementary
- Ross Elementary
- West View Elementary

I am a:

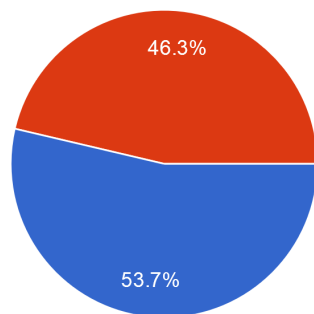
300 responses



- Parent/Guardian
- Student

1. I was aware that North Hills had a District Wellness Policy prior to this survey.

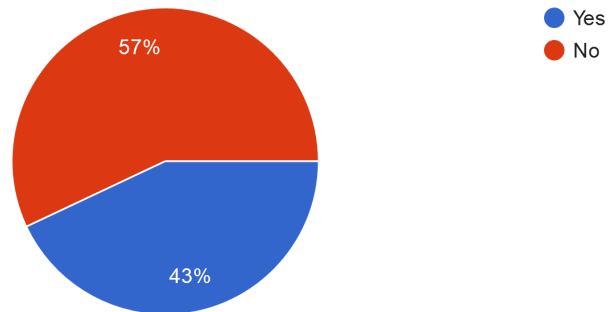
300 responses



- Yes
- No

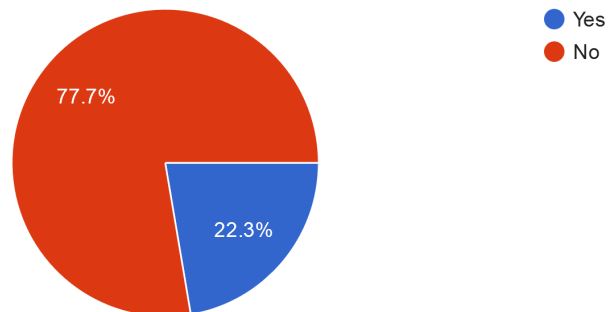
2. I was aware that North Hills had a District Wellness Committee prior to this survey.

300 responses



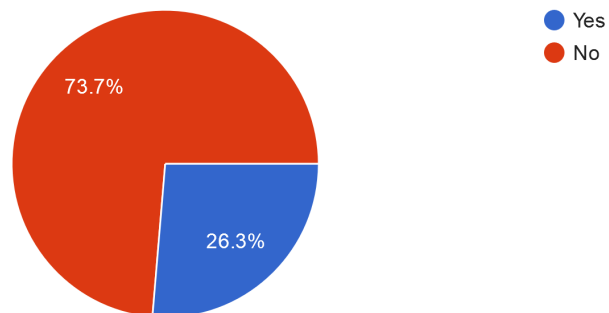
3. I was aware that North Hills had a District Wellness Webpage prior to this survey.

300 responses



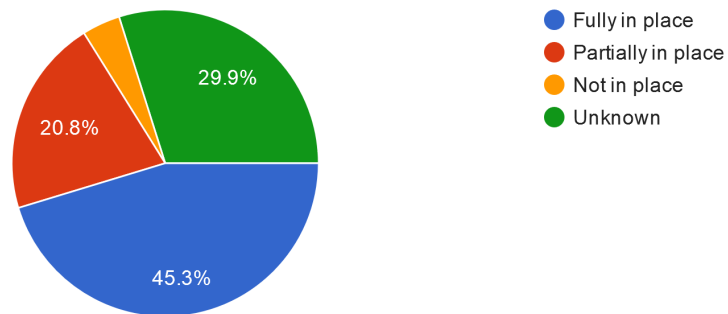
4. I am aware of who to contact at my school regarding the wellness policy.

300 responses



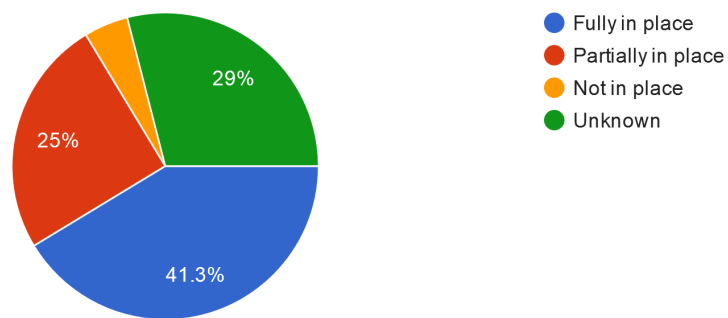
1. My school provides nutrition education within the health education program.

298 responses



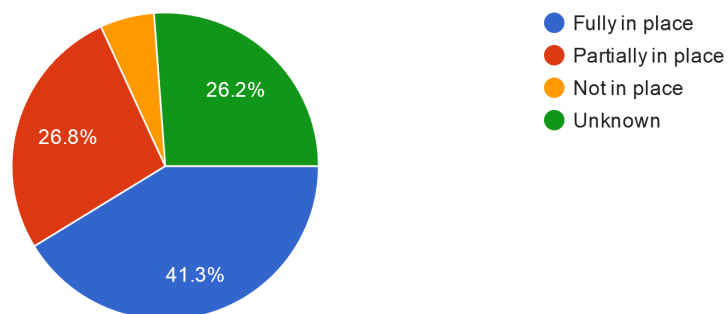
2. The nutrition education provided at my school teaches, models, encourages, and supports healthy eating by students.

300 responses



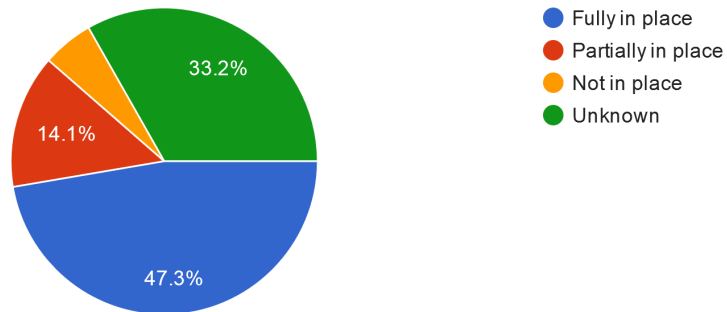
3. My school reinforces a lifelong lifestyle balance by linking nutrition education and physical activity.

298 responses



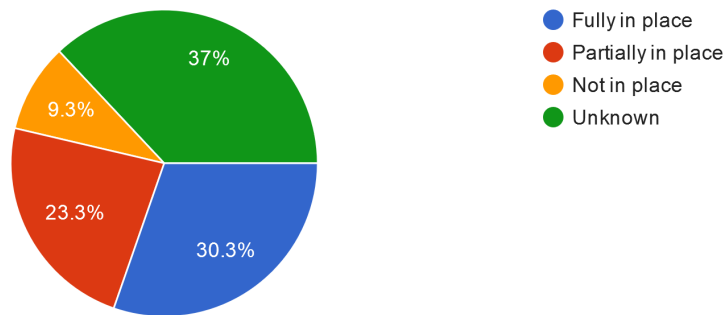
4. Nutrition education lessons and activities at my school are age-appropriate.

298 responses



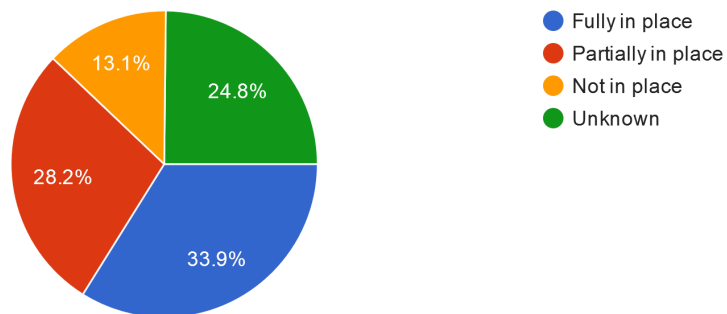
5. Nutrition curriculum at my school teaches behavior-focused skills, which may include menu planning, reading nutrition labels and media awareness.

300 responses



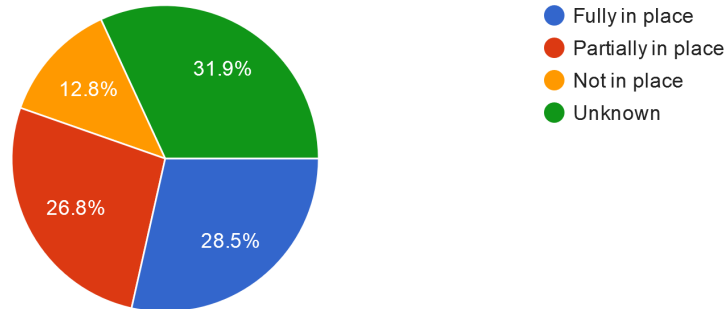
1. My school positively influences lifelong eating behaviors by using evidence-based techniques and nutrition messages and by creating food enviro...ncourages participation in school meal programs.

298 responses



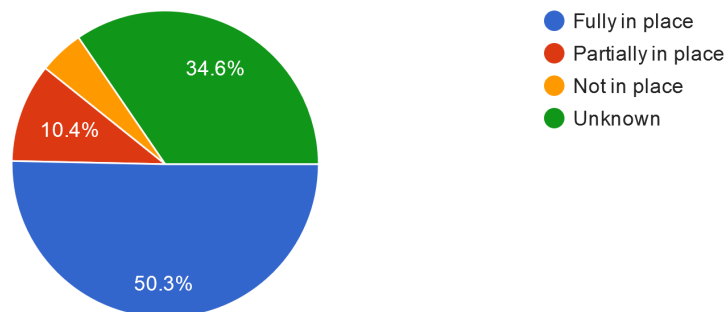
2. My school implements behavioral economics techniques in the cafeteria to encourage consumption of more whole grains, fruits, vegetables and legumes and to decrease plate waste.

298 responses



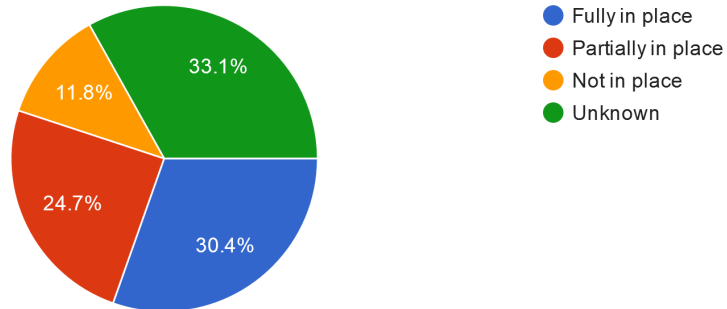
3. My school's teachers avoid using unhealthy food items in classroom lesson plans and eating less healthy food items in front of students.

298 responses



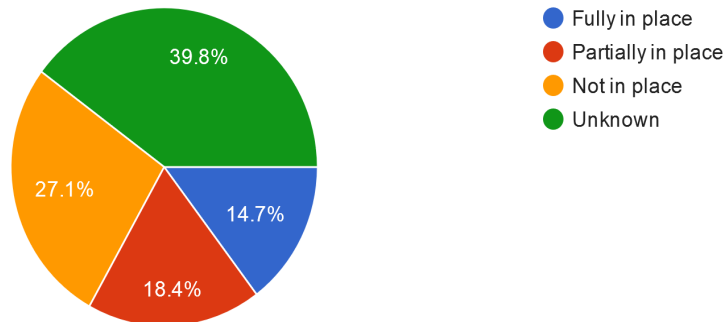
4. My school offers resources about health and nutrition to encourage parents/guardians to provide healthy meals for their children.

296 responses



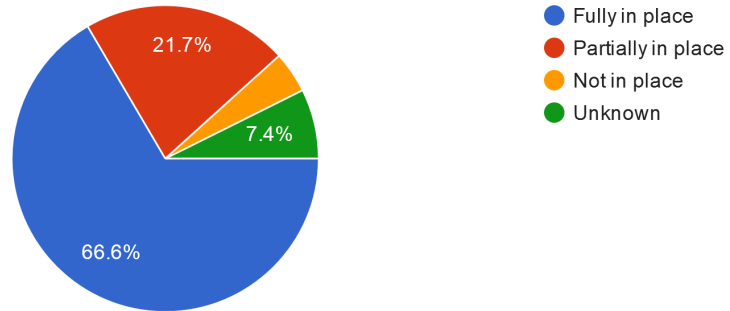
5. My school participates in Farm to School activities, such as having a school garden, taste-testing local products in the cafeteria and c...corporating local foods into school meal programs.

299 responses



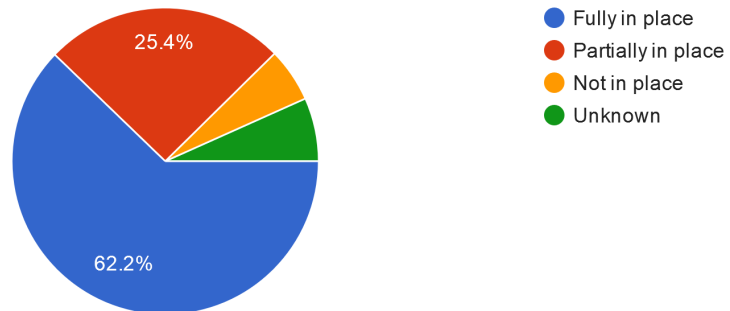
1. My school provides opportunities for developmentally-appropriate physical activity for all students.

299 responses



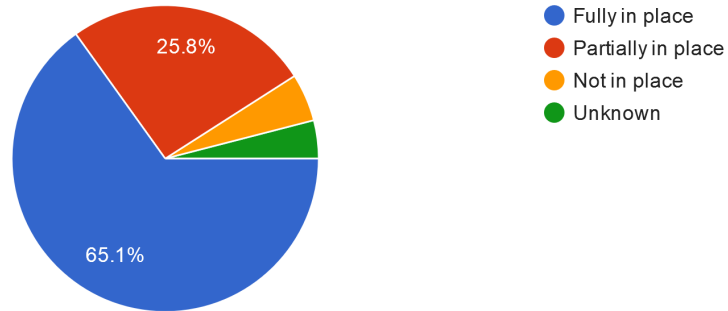
2. My school maintains a physical and social environment that encourages safe and enjoyable activity for all students.

299 responses



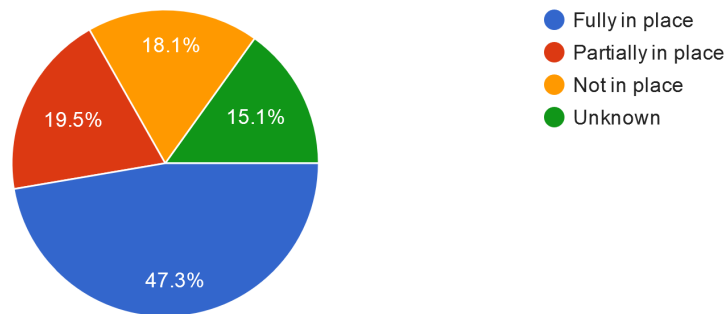
3. My school has age-appropriate physical activity opportunities, such as outdoor and indoor recess, before and after school programs, or clubs, ...s, in addition to planned physical education class.

298 responses



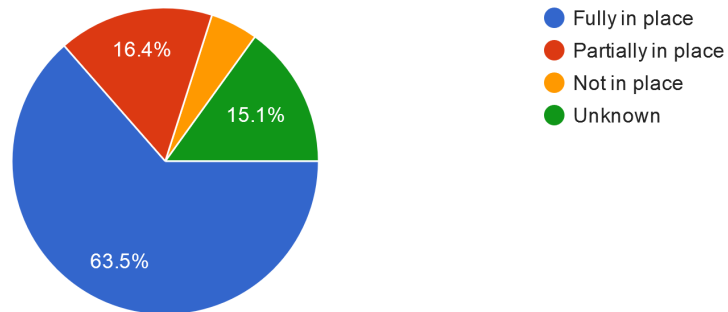
4. My school encourages us to utilize the district-owned physical activity facilities in our district, such as playgrounds and fields, outside school hours in accordance with district rules.

298 responses



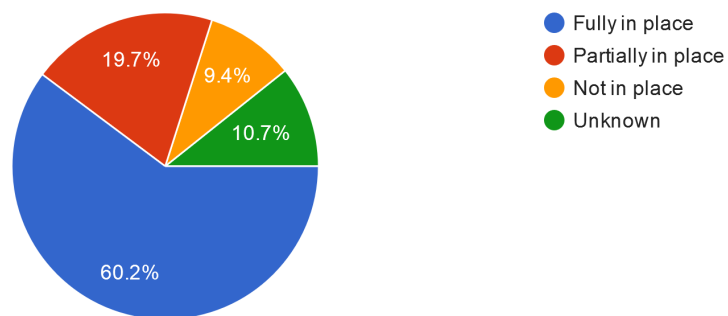
1. My school's Physical Education curriculum promotes both team and individual activities.

299 responses



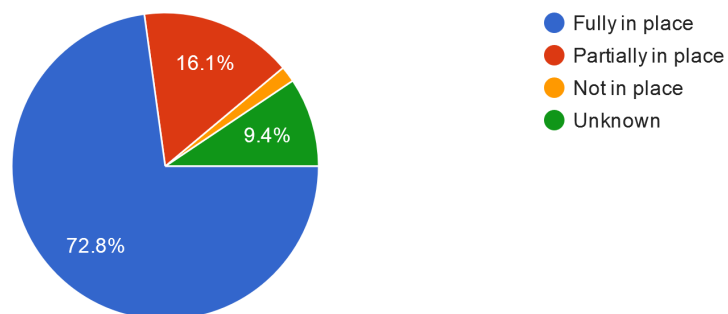
2. My school provides adequate amounts of planned Physical Education instruction in order for students to meet standards at the proficient level.

299 responses



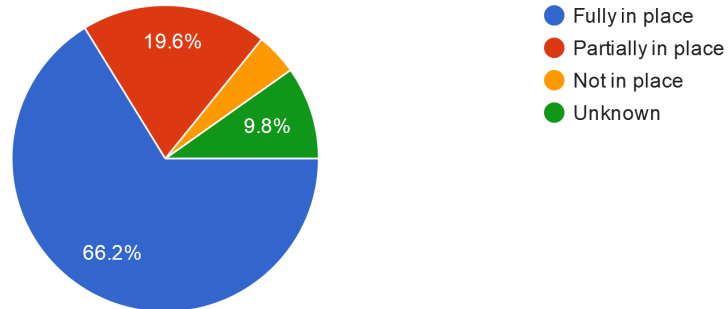
3. My school provides safe and adequate equipment, facilities, and resources for Physical Education class.

298 responses



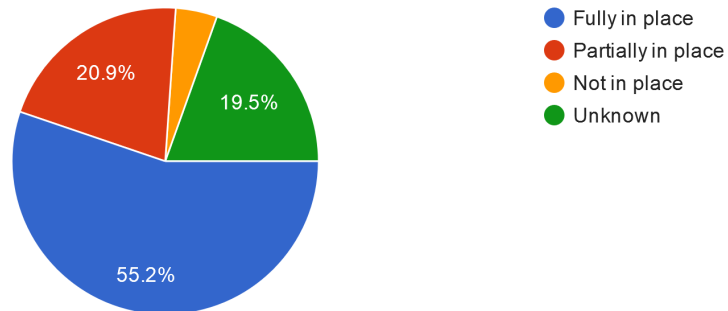
4. My school's Physical Education classes provide opportunities for students to learn, to practice and to be assessed on developmentally-appropriate ...trict students participate in Physical Education.

296 responses



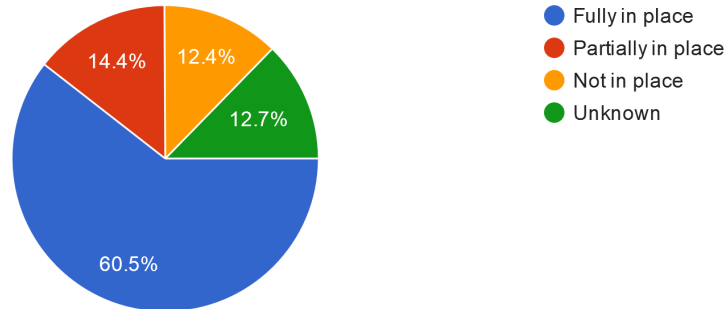
5. At my school, students are moderately to vigorously active as much time as possible during Physical Education class. Documented medical con... and disabilities are accommodated during class.

297 responses



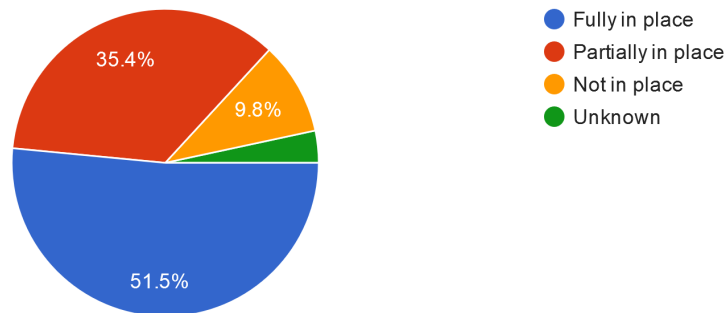
1. At my school, free drinking water is available and accessible to students without restriction at all meal periods and throughout the school day.

299 responses



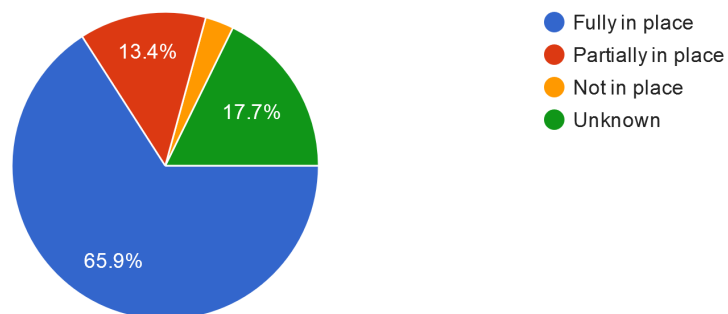
2. At my school, meal periods are scheduled at appropriate hours.

297 responses

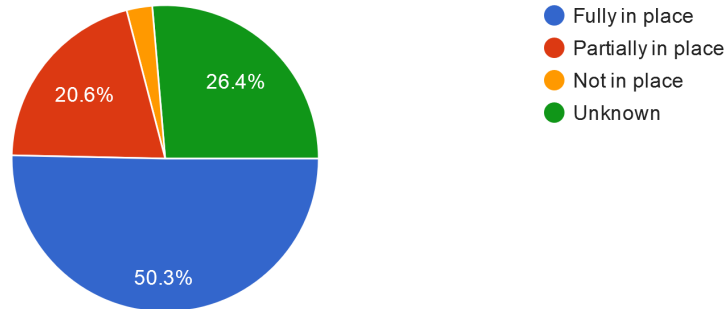


3. At my school, students have access to hand washing or sanitizing before meals and snacks.

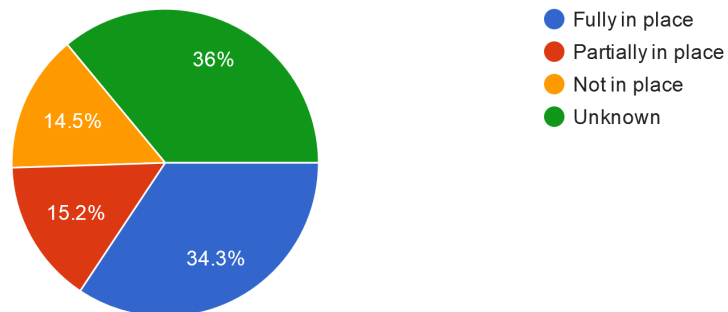
299 responses



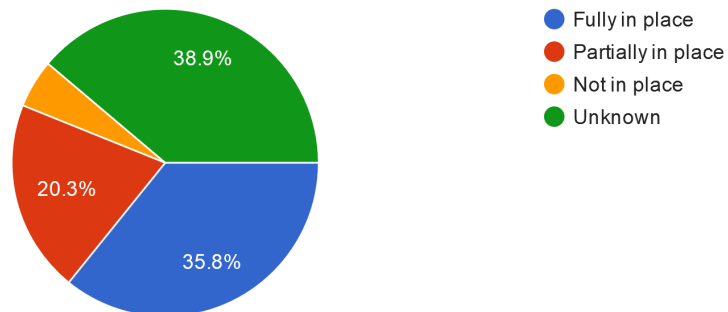
4. My school encourages administrators, teachers, food service personnel, students, parents/guardians and community members to ser...programs, communications and outreach efforts.
296 responses



5. My school provides the nutrition content of school meals to students and parents/guardians.
297 responses

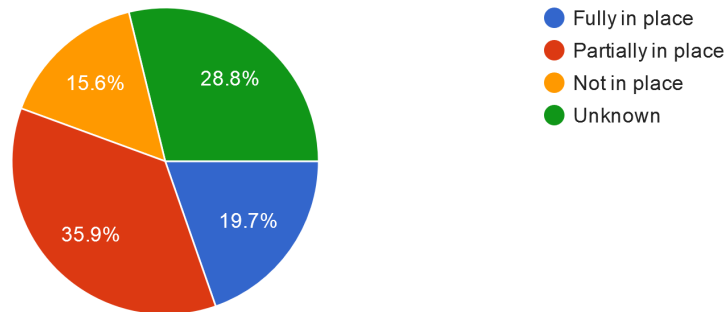


6. My school considers the goals of the wellness policy when planning all school-based activities.
296 responses



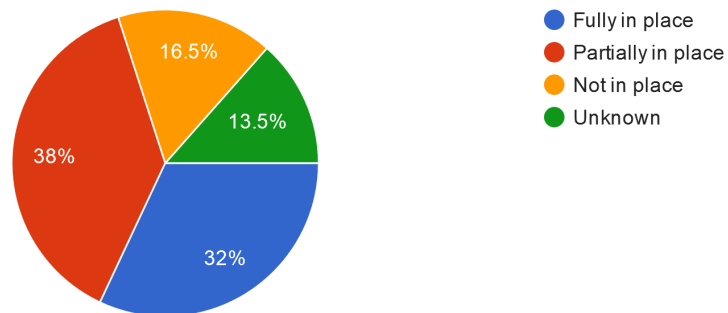
7. Fundraising projects at my school are supportive of healthy eating and student wellness.

295 responses



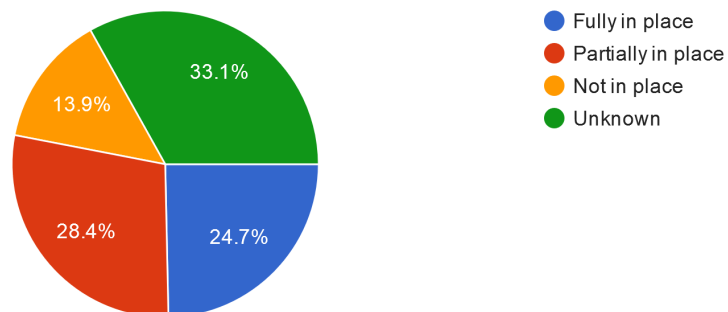
1. The food and beverages offered to students at my school promote student health and reduce obesity.

297 responses



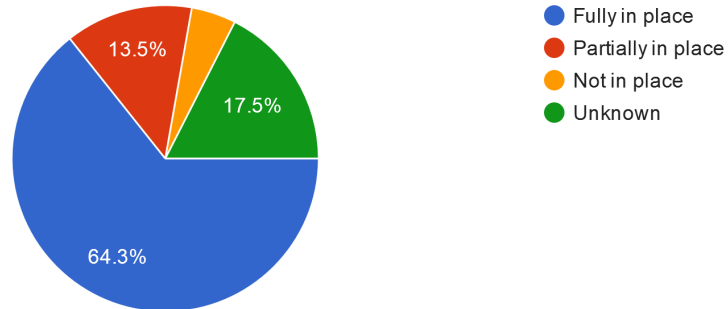
2. Healthy food and beverage options are offered at school-sponsored or district-sponsored events, such as dances, family nights, or sporting events.

296 responses



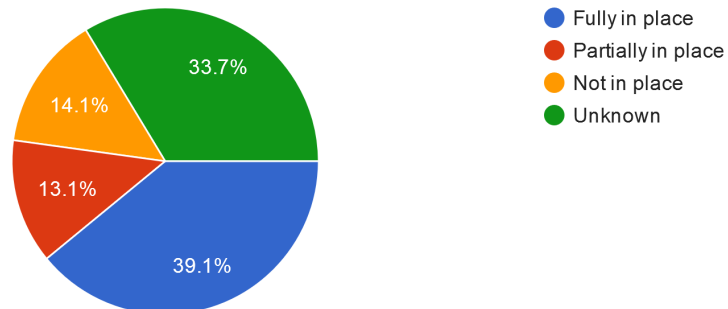
3. My school informs parents/guardians through newsletters or other efficient communication methods that foods/beverages should only be brought in when requested for scheduled parties.

297 responses



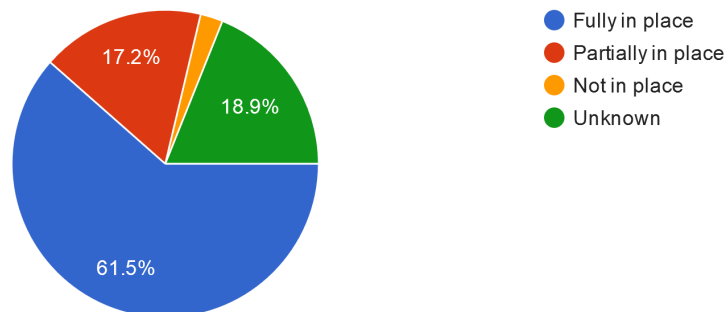
4. My school encourages us to work with the food service department to obtain foods/beverages for parties and celebrations in order to help prevent food safety and allergy concerns.

297 responses

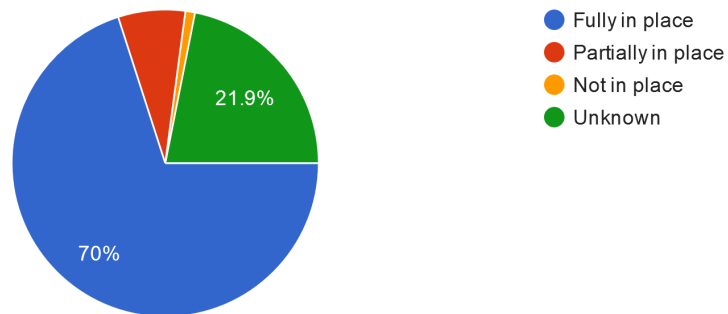


6. My school encourages non-food rewards for students.

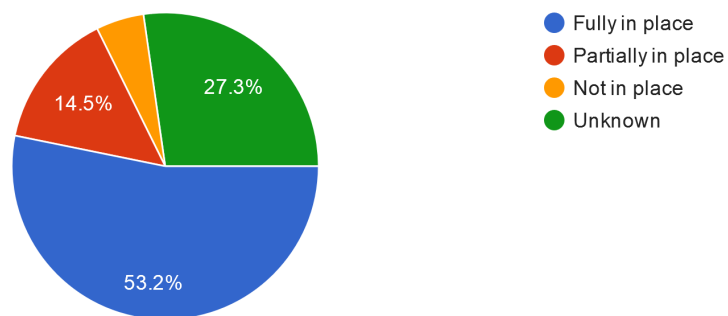
296 responses



7. My school does not have shared classroom snacks, unless authorized by a building administrator.
297 responses



8. My school provides a list of suggested nonfood ideas and healthy food and beverage alternatives to parents/guardians and staff via th...ices and/or other efficient communication methods.
297 responses



9. My school only markets or promotes food and beverages to students on the school campus during the school day that meet or exceed the est...utrition standards (USDA Smart Snacks in School).
297 responses

